



St Joseph's
Catholic Primary School

Foundation 1 Prayer Book

Name

Love and Learn in the Footsteps of Christ



Overview of Prayer Progression

FOUNDATION 1

- Learn to sing/say morning, end-of-day prayer and grace.
- Bless themselves by making the Sign of the Cross.

FOUNDATION 2

- Continue building on F1 and introducing the above to new children.
- Learning to focus their prayer in a spontaneous way – giving thanks and praise – praying for friends and family.
- Learn traditional prayers and responses at Mass: ‘Our Father’, ‘And with your Spirit’ and the ‘Alleluia’ when welcoming the Gospel.

YEAR 1

- Learning to make up their own prayers.
- Learn traditional prayer: ‘Hail Mary’.
- Responses at Mass: ‘Lord have mercy – Christ have mercy’.

YEAR 2

- Learn traditional prayer: ‘Glory Be’ and ‘Hail Holy Queen’.
- Introduce simple scripture verses to help the children use them to pray.
- Prayers at Mass and prayers of intercession (‘Lord in your mercy – Hear our prayer’).

YEAR 3

- Learning how to understand the examination of conscience as a positive way of showing our love for God and each other.
- Learn traditional prayer: ‘Act of Contrition’.
- Prayers at Mass: ‘I confess’.

YEAR 4

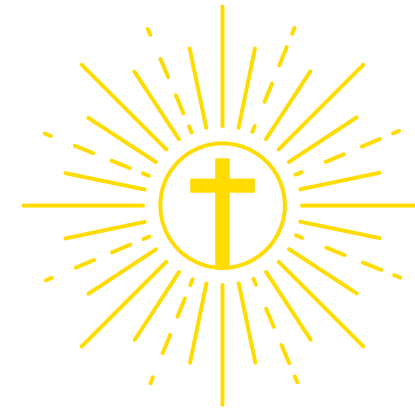
- Learning to use traditional prayer methods and adapt them to their needs e.g. the Rosary and litanies.
- Learn traditional prayer: ‘Magnificat’.
- Prayers at Mass: ‘Lamb of God’ and ‘Rite of Dismissal (Thanks be to God)’.

YEAR 5

- Introduce images and symbols as a way into prayer using art, music, poetry and prose.
- Learn the traditional prayer of the ‘Angelus’.
- Responses and prayers at Mass – ‘Holy Holy’ and ‘Glory to God’.

YEAR 6

- Introduce the concept of making our lives a prayer. Learning that everything that we do can be given to God.
- Learn traditional prayers: ‘Eternal rest’ and ‘Stations of the Cross’.
- Prayers and responses at Mass: Creed and Offertory prayers.



School Prayers

Morning Prayer

Thank you God for this new day in our school to work and play.
Please be with us all day long, in every story, game and song.
May all the happy things we do make you, our Father, happy too.
Amen.

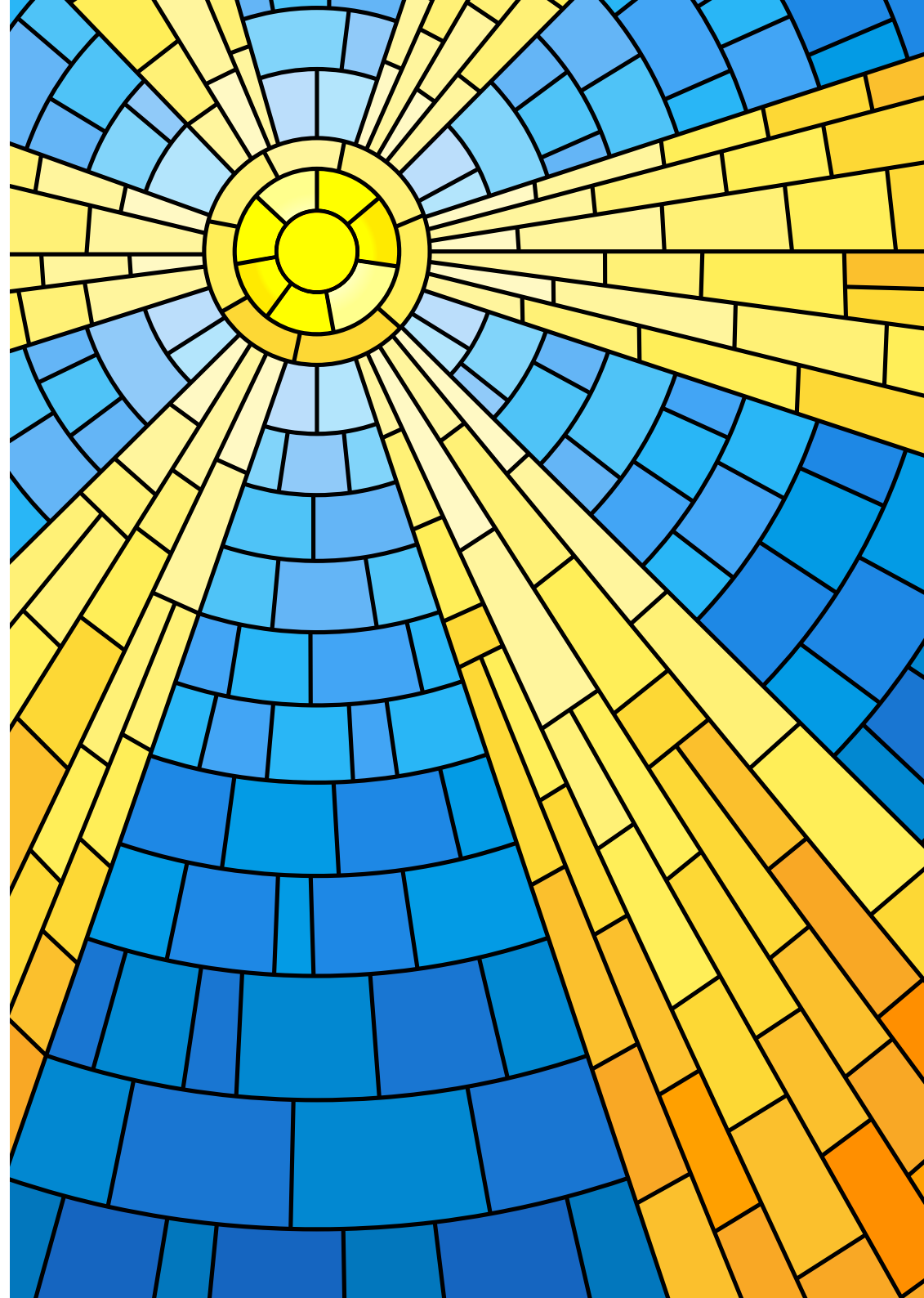
Lunchtime Prayers

Bless us Oh God as we sit together.
Bless the food we eat today.
Bless the hands that make the food.
Bless us Oh God.

End of Day Prayer and Grace

God my Father, I come to say thank you for your love today.
Thank you for my family and all the friends you give to me.
Guard me in the dark of night and in the morning send your light.
Amen.

Bless themselves making the Sign of the Cross





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