

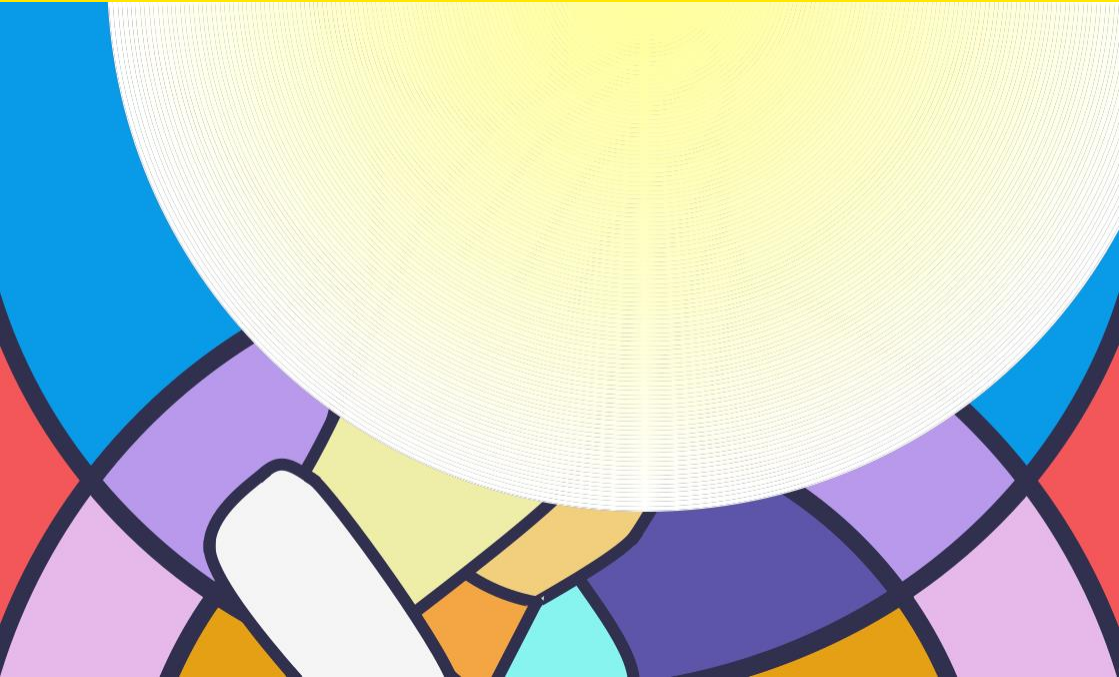


St Joseph's  
Catholic Primary School

# Year 6 Prayer Book

Name

Love and Learn in the Footsteps of Christ



# Overview of Prayer Progression

## FOUNDATION 1

- Learn to sing/say morning, end-of-day prayer and grace.
- Bless themselves by making the Sign of the Cross.

## FOUNDATION 2

- Continue building on F1 and introducing the above to new children.
  - Learning to focus their prayer in a spontaneous way - giving thanks and praise - praying for friends and family.
- Learn traditional prayers and responses at Mass: 'Our Father', 'And with your Spirit' and the 'Alleluia' when welcoming the Gospel.

## YEAR 1

- Learning to make up their own prayers.
- Learn traditional prayer: 'Hail Mary'.
- Responses at Mass: 'Lord have mercy - Christ have mercy'.

## YEAR 2

- Learn traditional prayer: 'Glory Be' and 'Hail Holy Queen'.
- Introduce simple scripture verses to help the children use them to pray.
- Prayers at Mass and prayers of intercession ('Lord in your mercy - Hear our prayer').

## YEAR 3

- Learning how to understand the examination of conscience as a positive way of showing our love for God and each other.
- Learn traditional prayer: 'Act of Contrition'.
- Prayers at Mass: 'I confess'.

## YEAR 4

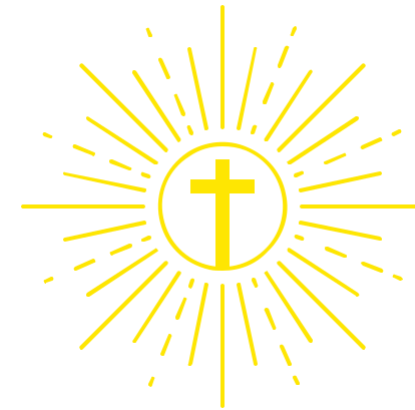
- Learning to use traditional prayer methods and adapt them to their needs e.g. the Rosary and litanies.
- Learn traditional prayer: 'Magnificat'.
- Prayers at Mass : 'Lamb of God' and 'Rite of Dismissal (Thanks be to God)'.

## YEAR 5

- Introduce images and symbols as a way into prayer using art, music, poetry and prose.
- Learn the traditional prayer of the 'Angelus'.
- Responses and prayers at Mass - 'Holy Holy' and 'Glory to God'.

## YEAR 6

- Introduce the concept of making our lives a prayer. Learning that everything that we do can be given to God.
- Learn traditional prayers: 'Eternal rest' and 'Stations of the Cross'.
- Prayers and responses at Mass: Creed and Offertory prayers.



# School Prayers

## Morning Prayer

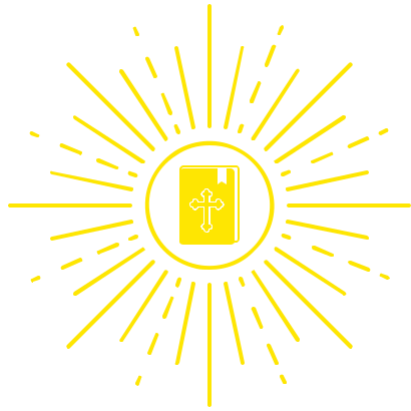
Father in Heaven, we give you today.  
All that we think and do and say.  
We offer it up, with all that was done,  
on Earth by Jesus Christ your son.

## Lunchtime Prayers

Bless us Oh God as we sit together.  
Bless the food we eat today.  
Bless the hands that make the food.  
Bless us Oh God.

## End of Day Prayer and Grace

God my Father, I come to say thank you for your love today.  
Thank you for my family and all the friends you give to me.  
Guard me in the dark of night and in the morning send your light.  
Amen.



# Traditional Prayers

## Our Father

Our Father, Who art in heaven,  
Hallowed be Thy Name.  
Thy Kingdom come.  
Thy Will be done,  
on earth as it is in Heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
Amen.

## Hail Mary

Hail, Mary, full of grace,  
the Lord is with thee.  
Blessed art thou amongst women  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death.  
Amen.

## Glory Be

Glory be to the Father  
and to the Son  
and to the Holy Spirit,  
as it was in the beginning  
is now and ever shall be,  
world without end.  
Amen

## Hail, Holy Queen, Mother of Mercy

Hail, Holy Queen, Mother of Mercy,  
our life, our sweetness and our hope.  
To you do we cry,  
poor banished children of Eve.  
To you do we send up our sighs,  
mourning and weeping in this valley of tears  
Turn then, most gracious advocate,  
your eyes of mercy toward us,  
and after this exile  
show unto us the blessed fruit of thy womb,  
Jesus.  
O clement, O loving,  
O sweet Virgin Mary.

## Act of Contrition

O my God, I am very sorry for all my sins, because  
they offend you who are so good,  
and with your help I will not sin again.  
Amen.



## Magnificat

My soul glorifies the Lord,  
my spirit rejoices in God my saviour.  
He looks on his servant in her lowliness;  
henceforth all generations will call me blessed.  
The Almighty works marvels for me.

Holy his name!

His mercy is from age to age,  
on those who fear him. He puts forth his arm in strength  
and scatters the proud hearted.

He casts the mighty from their thrones  
and raises the lowly.

He fills the starving with good things,  
sends the riches away empty.

He protects Israel, his servant,  
remembering his mercy,

the mercy promised to our fathers,  
to Abraham and his sons for ever.

Glory be to the Father and to the Son  
and to the Holy Spirit,

as it was in the beginning, is now,  
and ever shall be, world without end.

Amen

## Angelus

V. The Angel of the Lord declared unto Mary.  
R. And she conceived of the Holy Spirit.

*Hail Mary, full of grace,  
The Lord is with Thee;  
Blessed art thou among women,  
And blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God,  
Pray for us sinners,  
Now and at the hour of our death. Amen*

V. Behold the handmaid of the Lord.  
R. Be it done unto me according to thy word.

*Hail Mary, etc.*

V. And the Word was made Flesh.  
R. And dwelt among us.

*Hail Mary, etc.*

V. Pray for us, O holy Mother of God.  
R. That we may be made worthy of the promises of Christ.

LET US PRAY

Pour forth, we beseech Thee, O Lord, Thy grace into  
our hearts,  
that we to whom the Incarnation of Christ,  
Thy Son, was made known  
by the message of an angel,  
may by His Passion and Cross  
be brought to the glory of His Resurrection.  
Through the same Christ Our Lord.

Amen.

*Introduce the concept of 'Pray Daily' making our lives a prayer.*

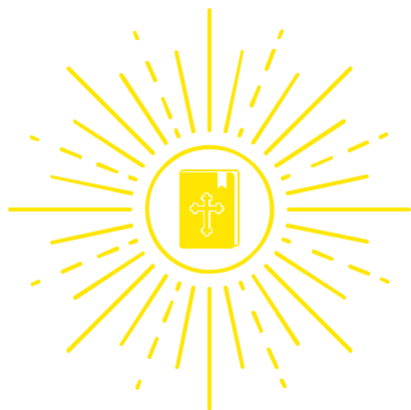
## Eternal Rest

Eternal rest grant upon them, O Lord, and let  
perpetual light shine upon them.  
May they rest in peace.  
Amen

## Stations of the Cross

The Stations of the Cross are a 14-step Catholic devotion that commemorates Jesus Christ's last day on Earth as a man. The 14 devotions, or stations, focus on specific events of His last day, beginning with His condemnation. The stations are commonly used as a mini pilgrimage as the individual moves from station to station. At each station, the individual recalls and meditates on a specific event from Christ's last day. Specific prayers are recited, then the individual moves to the next station until all 14 are complete.





# Prayers at Mass

## Creed

I believe in one God  
the Father almighty  
maker of heaven and earth,  
of all things visible and invisible.  
I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the  
Father; through him all things were made.  
For us men and for our salvation  
he came down from heaven,  
and became man, and by the Holy Spirit was  
incarnate of the Virgin Mary, and became man. For  
our sake he was crucified under Pontius Pilate, he  
suffered death and was buried and rose again on the  
third day in accordance with the Scriptures.

He ascended into heaven  
and is seated at the right hand of the Father.

He will come in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who  
proceeds from the Father and the Son, who with the Father  
and the Son is adored and glorified, who has spoken through  
the prophets.

I believe in one, holy, Catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins and I look  
forward to the resurrection of the dead  
and the life of the world to come,  
Amen.

## Offertory prayers

We know that everything in this world is a gift from you,  
O God, so we humbly return a generous portion of these gifts to  
you. We pray that these gifts may help this church to change  
people's lives and to spread your message of salvation. In the  
name of the Babe lying in the manger, we pray. Amen.







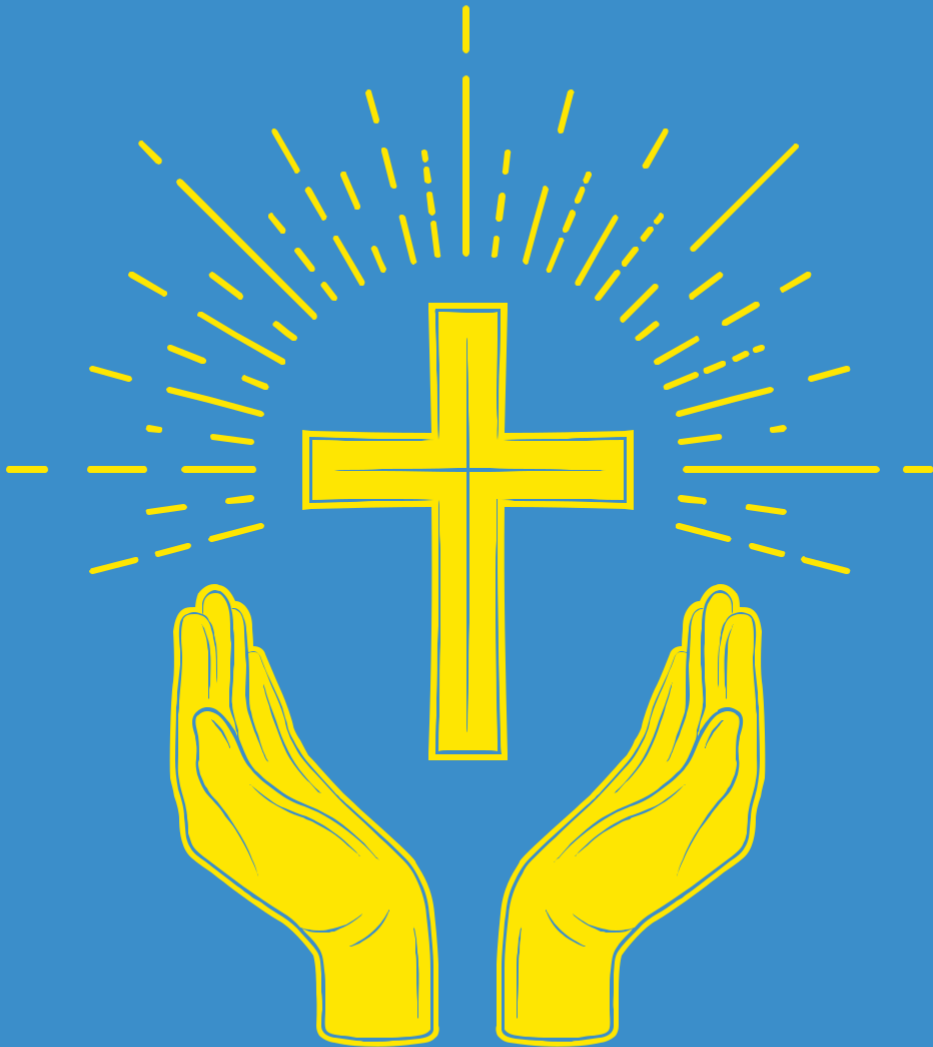


ST JOSEPH'S  
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# Catholic Social Teaching Prayers

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LOVE AND LEARN  
INTHE FOOTSTEPS OF CHRIST



# Human Dignity

Loving God,  
We believe that each person is  
special because God made us all.  
Help us try to make sure all people  
are treated with respect and have what they need  
because God made them too.

Lord in your mercy  
*Hear our prayer*



## Justice

Loving God,  
We believe you want to bring your peace to our homes,  
our communities and our world.  
Help us to be peacemakers,  
listening to and loving each other.

Lord in your mercy  
*Hear our prayer*



## Option for the Poor

Loving God,  
We believe that when we  
serve the poor we serve you.  
Help us to take special care of  
those people most in need.

Lord in your mercy  
*Hear our prayer*



# Participation

Loving God,

We believe that everyone has special gifts and talents.

Thank you for the gifts you have given us.

Help us to make sure everyone can use the talents you gave them.

Lord in your mercy

*Hear our prayer*



# Peace

Loving God,

We believe you want to bring your peace to our homes,  
our communities and our world.

Help us to be peacemakers, listening to and loving each other.

Lord in your mercy

*Hear our prayer*



## Solidarity

Loving God,  
We believe that we are one big human family.  
Help us to reach out to people who are suffering or sad,  
showing them the love you have shown to us.

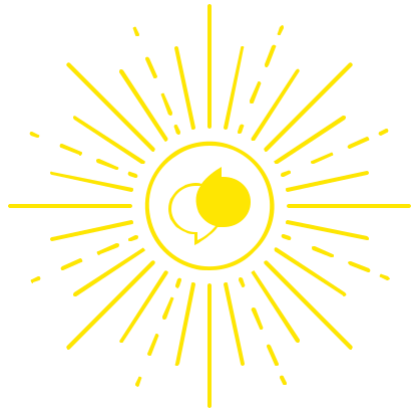
Lord in your mercy  
*Hear our prayer*



## Stewardship

Loving God,  
We believe that the world is for everyone.  
We thank you for the gift of Creation.  
Help us to take care of the planet and all people who live on it.

Lord in your mercy  
*Hear our prayer*



## Subsidiarity

Loving God,  
We believe that people who make decisions  
should listen to everyone.  
Help us make sure everyone is treated fairly  
and can have a say.

Lord in your mercy  
*Hear our prayer*



## The Common Good

Loving God,  
We believe that we are all brothers and sisters.  
Help us to think about what is good for everyone, not just ourselves.

Lord in your mercy  
*Hear our prayer*



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