Home Learning – Nursery – 13.7.20 Weekly Timetable

Monday	Tuesday	Wednesday	Thursday	Friday
Phonics **Pick one:** Complete pencil control from summer holiday activity pack. or RWI Daily Speed sound lessons **Speed Sounds Set 1** • Set 1 Speed Sounds 9.30 am (BST) • Set 1 Word Time 9.45 am • Set 1 Spelling 10.00 am https://www.ruthmiskin.com/en/find-out-more/parents/	**Phonics** **Pick one:** Complete spot the difference from summer holiday activity pack. or RWI Daily Speed sound lessons **Speed Sounds Set 1** • Set 1 Speed Sounds 9.30 am (BST) • Set 1 Word Time 9.45 am • Set 1 Spelling 10.00 am https://www.ruthmiskin.com/en/find-out-more/parents/	**Phonics** **Pick one:** Complete seaside bingo from summer holiday activity pack or RWI Daily Speed sound lessons **Speed Sounds Set 1** • Set 1 Speed Sounds 9.30 am (BST) • Set 1 Word Time 9.45 am • Set 1 Spelling 10.00 am https://www.ruthmiskin.com/en/find-out-more/parents/	**Phonics** **Pick one:** Complete pencil control from summer holiday activity pack. RWI Daily Speed sound lessons **Speed Sounds Set 1** • Set 1 Speed Sounds 9.30 am (BST) • Set 1 Word Time 9.45 am • Set 1 Spelling 10.00 am https://www.ruthmiskin.com/en/find-out-more/parents/	
Reading Select a book for your parents to read to you or choose a book on https://www.oxfordowl.co.uk/for-home/find-a-book/library-page/	**Reading** Select a book for your parents to read to you or choose a book on https://www.oxfordowl.co.uk/for-home/find-a-book/library-page/	**Reading** Select a book for your parents to read to you or choose a book on https://www.oxfordowl.co.uk/for-home/find-a-book/library-page/	**Reading** Read the e-book below and talk to your children about starting reception in September. https://www.twinkl.co.uk/resource/t-c-7609-eyfs-starting-reception-ebook	

Discuss the story or what you learnt from the book.	Discuss the story or what you learnt from the book.	Discuss the story or what you learnt from the book.	What could you build with the lego with your friends? What is your favourite healthy snack? What do you like best about school?	
Maths Complete two pages of Seaside counting to 10 Booklet.	**Maths** Complete two pages of Seaside counting to 10 Booklet.	**Maths** Complete two pages of Seaside counting to 10 Booklet.	**Maths** Complete two pages of Seaside counting to 10 Booklet.	

Physical Development CBeebies Andy's wild workouts https://www.bbc.co.uk/iplayer/episode/p06tmn51/andys-wild-workouts-series-1-1-under-the-sea or watch and complete the balloon challenge https://www.youtube.com/watch?v=P6t9OtZXa0s&feature=youtu.be • Start in a seated position, and use any part of your arms to keep the balloon in the air • Each time you hit/tap the balloon and it travels above head height, you score 1 point • You will have 60 seconds to score as many points as possible • During the challenge you must remain seated, if you come up onto your knees or feet, these points should not be included in your score • If the balloon hits the ground: do not worry - continue, collect it, sit back down quickly and continue. Do not stop the clock,	**Physical Development** CBeebies Andy's wild workouts https://www.bbc.co.uk/iplayer/episode/p06tmn51/andys-wild-workouts-series-1-1-under-the-sea **or watch and complete the football challenge.** https://www.youtube.com/watch?v=aMTLk0nzWbI&feature=youtu.be Place the ball on a hard surface • Place the sole of your right foot on top of the ball, then remove and replace with the sole of your left foot • Repeat this pattern as many times as possible in 30 seconds • Every time the sole of your foot touches the ball you score 1 point	**Physical Development** CBeebies Andy's wild workouts https://www.bbc.co.uk/iplayer/episode/p06tmn51/andys-wild-workouts-series-1-1-under-the-sea **or watch and complete the athletics challenge.** https://www.youtube.com/watch?v=ACNHabPMvPE&feature=youtu.be Roll up a towel and place on a hard surface • Jump from side to side over the towel. You must start with 2 feet and land with 2 feet • Both feet must land over the towel to count as a point • Repeat this pattern as many times as you can in 20 seconds	**Physical Development** CBeebies Andy's wild workouts https://www.bbc.co.uk/iplayer/episode/p06tmn51/andys-wild-workouts-series-1-1-under-the-sea **or watch and complete the gymnastics challenge.** https://www.youtube.com/watch?v=I6giGThu4ug&feature=youtu.be Take your pair of socks and balance them on your head • Place your arms out by your side to help you with your balance • Take your right leg off the floor, bend your knee and hold your leg up in front of you at a 90 degree angle - balancing on your left leg • Record the number of seconds you can remain balanced • You must stop the timer; before you reach the 30 second maximum score, if the socks fall of your head, or if you put your foot down • Repeat the challenge, this	

continue scoring from where control was lost.			time balancing on your right leg • The maximum you can score is 60	
Understanding of the world Seaside in a bottle craft. See attached sheet.	**Art & Design** Ice cream craft. See attached sheet.	.		

Optional Activities:

- https://www.twinkl.co.uk/search?term=daily+phonics+lessons+for+parents – New home learning hub daily plan
- Plant some seeds/ bulbs and water then every day
- Select activities/ games on Education city or Reading eggs
- Make some playdough
- Build a blanket den
- Paint a picture or create a robot with junk modelling.
- Play you favourite song and dance or run around your garden five times.
- Play a game on one of the sites below:

www.bbc.co.uk/cbeebies - Many games often recognised by children from their favourite programmes.
http://www.oxfordowl.co.uk/for-home/ - Interactive books and reading activities to share with your child at home.
http://www.funwithspot.com/ - New and improved! Try creating your own Spot story.
http://www.ictgames.com/ - Some excellent numeracy and literacy resources

http://www.crickweb.co.uk/Early-Years.html - Lots of maths and literacy games
http://www.topmarks.co.uk/Search.aspx?Subject=37 - Games of varying quality to support different areas of learning

Websites referred to above: www.educationcity.com www.readingeggs.co.uk