

CHILD'S NAME _____ YEAR GROUP _____

PLEASE TICK BOX IF YOUR CHILD WILL HAVE A PACKED LUNCH FROM HOME

Week 1 Pupil's Choices

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SAUSAGES WITH ONION GRAVY AND POTATO WEDGES	BEEF BOLOGNAISE WITH WHOLEMEAL SPAGHETTI	ROAST CHICKEN WITH SAGE & ONION STUFFING AND ROAST POTATOES OR PASTA CHOICE	SHEPHERD'S PIE WITH CREAMED POTATOES	OVEN BAKED BATTERED FISH FILLET WITH LOW FAT CHIPS OR PASTA CHOICE
WALLACE & GROMIT BBQ PASTA WITH GARLIC BREAD (V)	CHEESE & ONION PASTY WITH DICED POTATOES (V)	ROAST QUORN FILLET (V) WITH ROAST POTATOES OR PASTA CHOICE	YORKSHIRE PUDDING RATATOUILLE WITH CREAMED POTATOES (V)	CHEESE & TOMATO PIZZA (V) WITH LOW FAT CHIPS OR PASTA CHOICE

FRESHLY BAKED BREAD SEASONAL VEGETABLES OR A CHOICE FROM A SELECTION OF SALAD BOWLS

FRESH FRUIT SALAD WITH SHORTBREAD BISCUIT	APPLE CRUMBLE WITH CUSTARD	CHOCOLATE & MANDARIN SPONGE WITH CHOCOLATE SAUCE	ICED FRUIT SMOOTHIE	MINI COOKIE AND FRESH FRUIT
CHEESE ROLL	CHICKEN BAGUETTE	HAM BAGUETTE	TUNA ROLL	FREE RANGE EGG ROLL

Fresh fruit, yoghurt and cheese & biscuits available daily

Week 2 Pupil's Choices

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHICKEN CURRY	BURGER IN A BUN WITH POTATO WEDGES	ROAST PORK WITH APPLE SAUCE AND ROAST POTATOES OR PASTA CHOICE	SCOTY MEATLOAF WITH CREAMED POTATOES	BREADED SALMON WITH LOW FAT CHIPS OR PASTA CHOICE
JACKET POTATO WITH BEANS (V)	VEGETABLE BURGER IN A BUN WITH POTATO WEDGES (V)	QUORN DELI WRAP WITH ROAST POTATOES OR PASTA CHOICE (V)	MACARONI CHEESE WITH WHOLEMEAL GARLIC BREAD (V)	CHEESE & TOMATO (V) LOW FAT CHIPS OR PASTA CHOICE

FRESHLY BAKED BREAD SEASONAL VEGETABLES OR A CHOICE FROM A SELECTION OF SALAD BOWLS

BANANA LOAF WITH CUSTARD	FROZEN YOGHURT WITH FRUIT	SCOTCH PANCAKE WITH FRUIT & ICECREAM	STICKY CHOCOLATE MUFFIN WITH FRUIT JUICE	MINI OAT COOKIE WITH FRESH FRUIT
CHEESE BAGUETTE	CHICKEN BAGUETTE	TUNA BAGUETTE	HAM ROLL	FREE RANGE EGG ROLL

Fresh fruit, yoghurt and cheese & biscuits available daily

Week 3 Pupil's Choices

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STICKY CHICKEN WITH POTATO WEDGES	LASAGNE WITH SIDE SALAD	ROAST GAMMON WITH ROAST POTATOES OR PASTA CHOICE	TRADITIONAL CHICKEN PIE WITH CREAMED POTATOES	FISH FINGERS WITH LOW FAT CHIPS OR WHOLEMEAL PASTA CHOICE
CHEESY PIN WHEELS WITH POTATO WEDGES (V)	QUORN HOT DOG WITH DICED POTATOES (V)	VEGITABLE BAKE (V)	JACKET POTATO WITH BAKED BEANS (V)	FAVOURITE PIZZA WITH LOW FAT CHIPS OR PASTA CHOICE (V)

FRESHLY BAKED BREAD SEASONAL VEGETABLES OR A CHOICE FROM A SELECTION OF SALAD BOWLS

FRUITY MUFFIN WITH MILKSHAKE	RASPBERRY MOUSSE	BANOFFEE ICE CREAM	CHOCOLATE ORANGE SLICE	MINI SPONGE FINGER WITH FRESH FRUIT
TUNA ROLL	CHICKEN BAGUETTE	CHEESE ROLL	HAM BAGUETTE	FREE RANGE EGG ROLL

Fresh fruit, yoghurt and cheese & biscuits available daily