

CHILD'S NAME _____ YEAR GROUP _____

PLEASE TICK BOX IF YOUR CHILD WILL HAVE A PACKED LUNCH FROM HOME

Week 1 Pupil's Choices

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SAUSAGES AND OPTIONAL ONION GRAVY WITH CREAMED POTATOES	CREAMY CHICKEN CURRY WITH RICE	ROAST BEEF AND YORKSHIRE PUDDING WITH ROAST POTATOES OR WHOLEMEAL PASTA CHOICE	CHICKEN DELI WRAP WITH POTATO WEDGES	OVEN BAKED BATTERED FISH GOUJONS WITH LOW FAT CHIPS OR PASTA CHOICE
QUORN STIR FRY WITH NOODLES (V)	CHEESE SLICE WITH DICED POTATOES (V)	VEGE TOAD IN THE HOLE WITH ROAST POTATOES OR WHOLEMEAL PASTA CHOICE (V)	PASTA BAKE (V)	CHEESE & TOMATO PIZZA (V) WITH LOW FAT CHIPS OR PASTA CHOICE
JACKET POTATO WITH CHEESE OR BEANS	JACKET POTATO WITH CHEESE OR BEANS	JACKET POTATO WITH CHEESE OR BEANS	JACKET POTATO WITH CHEESE OR BEANS	JACKET POTATO WITH CHEESE OR BEANS

FRESHLY BAKED BREAD SEASONAL VEGETABLES OR A CHOICE FROM A SELECTION OF SALAD BOWLS

PEACH SPONGE WITH ICECREAM	FRESH FRUIT WITH MINI CHOCOLATE BROWNIE	LEMON BISCUIT WITH FRUIT JUICE	FRUIT SALAD WITH MINI SHORTBREAD FINGER	FLAP JACK
CHICKEN BAGUETTE	HAM ROLL	CHEESE ROLL	TUNA ROLL	EGG BAGUETTE

Fresh fruit, yoghurt and cheese & biscuits available daily

Week 2 Pupil's Choices

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SHEPHERD'S PIE	PORK GRILL WITH POTATO WEDGES	ROAST CHICKEN AND SAGE AND ONION STUFFING WITH ROAST POTATOES OR PASTA CHOICE	PASTA BOLOGNAISE	FISH FINGERS WITH LOW FAT CHIPS OR PASTA CHOICE
QUORN NUGGETS WITH DICED POTATOES (V)	MACARONI CHEESE WITH WHOLEMEAL GARLIC BREAD (V)	VEGETABLE BAKE WITH ROAST POTATOES OR PASTA CHOICE (V)	CHEESE AND ONION PASTY WITH POTATO WEDGES (V)	CHEESE & TOMATO (V) LOW FAT CHIPS OR PASTA CHOICE
JACKET POTATO WITH CHEESE OR BEANS	JACKET POTATO WITH CHEESE OR BEANS	JACKET POTATO WITH CHEESE OR BEANS	JACKET POTATO WITH CHEESE OR BEANS	JACKET POTATO WITH CHEESE OR BEANS

FRESHLY BAKED BREAD SEASONAL VEGETABLES OR A CHOICE FROM A SELECTION OF SALAD BOWLS

CHOCOLATE ORANGE SLICE	FRESH FRUIT WITH MINI OAT COOKIE	ANGEL DELIGHT	CHEESECAKE	CHOCOLATE AND BEETROOT MUFFIN
CHEESE ROLL	CHICKEN BAGUETTE	TUNA BAGUETTE	HAM ROLL	EGG ROLL

Fresh fruit, yoghurt and cheese & biscuits available daily

Week 3 Pupil's Choices

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BEEF BURGER IN A BUN WITH POTATO WEDGES	BBQ CHICKEN WITH RICE	ROAST PORK AND APPLE SAUCE WITH ROAST POTATOES OR WHOLEMEAL PASTA CHOICE	TRADITIONAL CHICKEN PIE WITH DICED POTATOES	OVEN BAKED FISH FINGERS WITH LOW FAT CHIPS OR WHOLEMEAL PASTA CHOICE
VEGETARIAN LASAGNE WITH SIDE SALAD (V)	PASTA BAKE (V)	ROAST QUORN FILLET WITH ROAST POTATOES OR WHOLEMEAL PASTA CHOICE (V)	VEGETARIAN HOT DOG WITH DICED POTATOES (V)	CHEESE AND TOMATO PIZZA WITH LOW FAT CHIPS OR PASTA CHOICE (V)
JACKET POTATO WITH CHEESE OR BEANS	JACKET POTATO WITH CHEESE OR BEANS	JACKET POTATO WITH CHEESE OR BEANS	JACKET POTATO WITH CHEESE OR BEANS	JACKET POTATO WITH CHEESE OR BEANS

FRESHLY BAKED BREAD SEASONAL VEGETABLES OR A CHOICE FROM A SELECTION OF SALAD BOWLS

CHOCOLATE SHORTBREAD WITH CHOCOLATE SAUCE	FRESH FRUIT WITH MINI SULTANA COOKIE	LEMON CITRUS SPONGE WITH CUSTARD	FRUIT PANCAKE WITH ICECREAM	CHOCOLATE KRISPIE WITH MILKSHAKE
HAM ROLL	TUNA ROLL	CHICKEN ROLL	CHEESE BAGUETTE	EGG BAGUETTE

Fresh fruit, yoghurt and cheese & biscuits available daily