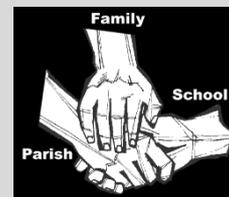


From Lent to Easter

Linking School, Parish and Home



Religious Education

Key Idea: People of Prayer

The season of Easter celebrates the most basic belief of our Christian faith: the resurrection of Jesus. Although Easter Sunday is not taught in this framework, the season and events that lead to it are presented to pupils.

Unit Content

The children will explore the **Season of Lent** and the events of Palm Sunday, Holy Week and Good Friday, as we find them in both the Gospel of Matthew and the liturgy of the Church.

Attitudes and Spiritual Dispositions

Pupils will develop:

- An openness to the story of the Passion of Jesus
- An appreciation of the liturgy (especially of the major actions of Palm Sunday, Holy Thursday and Good Friday) in deepening a relationship with God
- Reflectiveness in prayer

Activities to try at home

You are the first educator of your child in faith. Your child's learning in religious education will be much higher if you and the school are engaged in talking about the same ideas and beliefs. Help your child by trying one or more of these activities while this unit is being taught:

- Lent begins on Ash Wednesday. Talk with your children about the ways in which your family lives the Lenten practices of giving alms (giving to charity especially), prayer and fasting.
- Give alms: collect for a charity – food, clothing or money.
- Pray: In the last framework pupils learned the Our Father. Pray prayers of thanks recognising that we have what we need: food, safety, people who love us.
- Fast: Make an area of 'fasting' your goal: 'fast' on criticism, intolerance, greed and gossip this Lent. Remember the Bishop's requirement for fasting and abstinence for those between 18 and 60

An idea for prayer at home

Prayer Activity

Dear Lord,

As we begin the season of Lent, help us to listen to everything that you have to say. May your words sink into our heart and may I know that you are always with me, surrounding me with your love and protecting me with your strength.

Make our actions be more reflective of you and your love for us so that we might come closer to you and ready to celebrate your resurrection at Easter.

We ask this through Jesus Christ our friend and companion.

Amen

